



श्री माता वैष्णो देवी विश्वविद्यालय  
Shri Mata Vaishno Devi University  
(O/o the Dean, Students Welfare)  
Kakryal, Katra - 182320, J&K  
Ph.01991-285535, 285634, Fax: 01991-285732

No: SMVDU/DoSW/2020/268-73

Date: 28/09/2020

**NOTIFICATION**

**Subject: Grant of Permission for Opening of Gym Facility at University Campus for the faculty / staff of SMVDU.**

With reference to request of the many residents of the University and proposed by Dean, Students Welfare and the approval accorded by the Competent Authority thereto, Sanction of the Competent Authority is hereby notified for grant of permission for opening of Gym Facility at University Campus for the faculty / staff of SMVDU on advance payment basis @ Rs.500/- per person per month in view of the Central Govt. Guidelines issued on 3<sup>rd</sup> August 2020 for opening of Gym and Yoga Centres.

All the interested faculty / staff members of the University are requested to deposit the monthly fee @Rs.500/- per month per faculty / staff in advance to the J&K Bank in the SMVD University Account and one copy of the challan to be deposited with Dean Students Welfare (DSW) Office .

DSW Office along with Staff of Sports shall finalize the slot and communicate to the faculty / staff and will remain present during the scheduled time of Gym.

The University shall not be responsible in case of any injury / infections / mishappening while doing exercise in the Gym Hall available at Vaishnavi Hostels (Girls) and Trikuta-Kailash Hostel (Boys).

Further, the generic preventive measures include simple public health measures that are to be followed strictly to reduce the risk of COVID-19. These measures need to be observed by all (faculty / staff members / coach) in the Gym Hall at all times. These include:

- 1) Individual must maintain a minimum distance of 6 feet as far as possible.
- 2) Use of face cover / mask is mandatory at all times within the premises. However, during exercising in Gymnasium , as far as possible only a visor may be used.
- 3) Practice frequent hand washing with soap (for at least 40- 60 seconds) even when hands are not visible dirty. Use of alcohol based hand sanitizer (for at least 20 seconds) can be practiced wherever feasible.
- 4) Respiratory etiquettes to be strictly followed. This involves strict practice of covering one's mouth and nose while coughing / sneezing with a tissue /handkerchief /flexed elbow disposing off used tissues properly.
- 5) Self-monitoring of health by all and reporting any illness at the earliest to State and District Helpline
- 6) Spitting should be strictly prohibited.
- 7) Installation & use of Aarogya Setu App shall be advised to all.

Dean, Students Welfare

*[Signature]*  
28-9-2020

**Copy to:**

1. Registrar, SMVDU, for info
2. Finance Officer, SMVDU, for information.
3. Faculty I/c Sports for info & n.a.
4. PS to VC for kind info of Hon'ble Vice Chancellor
5. Concerned \_\_\_\_\_
6. Website incharge